

Patient information from BMJ

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Questions to ask your doctor if you've had a stroke

If you've had a stroke, you may want to talk to your doctor to find out more. Here are some questions you or your family might want to ask.

- How serious was my stroke?
- What do you think caused it?
- What kind of stroke have I had?
- Will I have ongoing care in a hospital that specialises in treating people who have had a stroke? Will I have treatment outside of the hospital?
- Will my symptoms go away?
- Will I be disabled? What problems might I have?
- What sort of rehabilitation treatment will I have to help me recover? How often will I have this treatment, and for how long? Where will I have it?
- Will I have another stroke?
- What should I do if I get similar symptoms again?
- What's the best treatment for me to help prevent another stroke?
- Will I need any drug treatment?
- What are the side effects of treatment?
- What can I do to help myself? Do I need to change my diet? Do I need to exercise more? Can you help me stop smoking?
- Should I take any vitamin supplements?
- Do other members of my family have a raised risk of having a stroke? What can they do to protect themselves?

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