

# Patient information from BMJ

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## Cataracts: questions to ask your doctor

**If you have cataracts you can talk to your doctor to find out more.**

Here are some questions you might want to ask.

- Why did I get cataracts?
- Do I have them in just one eye or in both eyes?
- How do they affect my sight now and how will they do so in the future?
- Should I watch for any symptoms?
- Should I change anything about the way I live?
- Is there anything I can do to stop my cataracts getting worse?
- What kinds of tests do I need?
- Can my cataracts be treated?
- Do I need surgery to take them out?
- What kind of operation can I have?
- How much better will I be able to see after surgery?
- How long will it take for me to get better after surgery?
- What are the risks of having an operation?
- What will happen to my eyesight if I don't have surgery?

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