

Patient information from BMJ

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Heart attack: questions to ask your doctor

If you've had a heart attack you may want to talk to your doctor to find out more. Here are some questions that you might want to ask.

- How much has my heart been damaged? Where is the damage?
- Is my heart pumping properly?
- Am I likely to have problems (complications) because of my heart attack, such as an abnormal heartbeat?
- Could my heart stop beating?
- How was my heart attack treated? Do I need further treatment to widen the blood vessel to my heart that was blocked during the heart attack?
- Will I have to take drugs for the rest of my life?
- When can I go home?
- What are my chances of having another heart attack?
- What things can I do to avoid having another heart attack?
- When will I be able to get back to my regular routine?
- Is it safe to resume my sex life after a heart attack?

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