

# BMJ Best Practice

## Getting started guide



### How to access

- 1 Visit [bestpractice.bmj.com](https://bestpractice.bmj.com)
- 2 Access instantly from your institution's network and click 'Sign in'\*  
\*If you need help setting up BMJ Best Practice, contact your local library.
- 3 If you are a new user, you will need to now register for a BMJ Best Practice user profile. Use your user profile to download the app for access anywhere, anytime, even offline.



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## Comorbidities Manager available within BMJ Best Practice

- The Comorbidities Manager supports the management of the whole patient by providing guidance on the treatment of acute conditions alongside their pre-existing comorbidities.
- You can select from a range of common, high-cost comorbidities to generate an instant treatment plan tailored to the unique needs of the patient.
- The Comorbidities Manager makes it easy to quickly treat and stabilise patients with comorbidities. This effective management of the patient increases efficiencies and quality of care, ultimately leading to better clinical outcomes, shorter hospital stays and fewer readmissions.

The screenshot shows the BMJ Best Practice website. At the top, there's a search bar and navigation tabs. The main content area is titled 'Bacterial meningitis in adults'. Below this, there's a 'Treatment algorithm' section. A pink box highlights the 'Add your patient's comorbidities for tailored treatment recommendations' section. This section contains a list of comorbidities with checkboxes, including Diabetes, Chronic kidney disease (CKD), Hypertension, Coronary artery disease, Heart failure, Stroke, COPD, Asthma, Depression, and Dementia. There's also a section for 'OTHER CONSIDERATIONS' with checkboxes for Suspected frailty and Current smoker. A pink box at the bottom of the screenshot highlights the 'GOT IT' button.

### Follow these steps to use

- 1 Click on 'Your Profile' and select 'Comorbidities Manager' from the list.
- 2 Select your chosen acute topic from the list. We are adding more topics to this list all the time, so keep checking back for updates.
- 3 Navigate to the 'Treatment algorithm' section of your chosen acute topic. The pink C+ symbol highlights that the Comorbidities Manager is available for this topic.
- 4 Select from a list of common comorbidities. You can select as many comorbidities as you like. You will see the pink C+ symbol when a treatment option may be impacted by the comorbidities that have been selected.

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